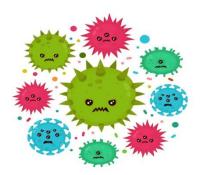


In Ray of Sunshine we want to try and help you to stay healthy and stop germs spreading!

Germs are the things that can make us feel sick sometimes.



Here's some ways you can help stop spread Germs!



If you feel sick like have a headache, a pain, upset tummy, then always tell **Ray of Sunshine Staff Member**. They will look after you or might call your parent/guardian to take you home.



Always wash your hands:

- ✓ Before eating
- ✓ After using the toilet
- ✓ When coughing or sneezing
- ✓ When your hands are dirty
- After playing or touching any type of pet that may be brought to site for educational purposes.

Here's the best way to wash your Hands!!



If you are on a trip out and can't wash your hands Ray of Sunshine Staff Member will give you hand wash gel to use instead



Cover your mouth when coughing



Always use a tissue when blowing your nose



Always tell Ray of Sunshine Staff Member if you fall and cut or scratch yourself.

In Ray of Sunshine we have a 'clean & tidy as you go' approach. This means always cleaning and tidying up after yourself.



If you make a mess in the toilet (accidents can happen!) ... just tell a Ray of Sunshine Staff Member and they will help you.