

Behaviour



In Ray of Sunshine we want everyone to feel happy and safe.

How Can we all make this happen?



1. Have **rules** for being together with each other like taking turns, listening to each other, solving problems together and sharing
2. **Helping** others
3. Treating everyone **fairly** and the same.

Here are some things that should never happen in Ray of Sunshine



- **No Hurting bodies** - something that will physically hurt someone anywhere on their body
- **No hurting feelings** - saying something to someone that will upset them or make them feel sad.

There is a list of rules so everyone remembers how to stay happy and safe and **our staff** will talk to you about these



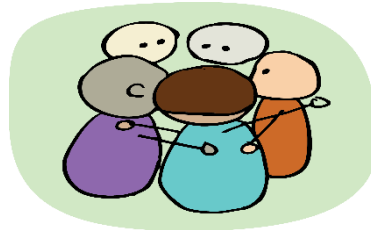
Behaviours that are not ok are like problems that need to be solved and can be

small

Medium

Big

If a behaviour that's not ok happens in a group, we will find out how everyone feels and come up with the best way to solve the problem together.



What happens if I have a behaviour that's not ok ...?

If it's a **small** or **medium** behaviour (like not sharing or taking turns) **our staff** will

- ask you to **stop** the behaviour and remind you it's a behaviour that's not ok
- Ask you for **solutions** & give you **choices** to solve the behaviour.
- talk and **listen** to how you feel and help come up with a **plan** together on how best stop the behaviour happening

If it's a **big** behaviour (like Kicking or hitting or if you find it very hard to calm down or to stop a behaviour) ...

staff will:

- help you by **staying with you** or going with you to a quieter space until you feel calmer.



- talk to your **parent/guardian** and ask them to **help find a plan together** of how best to change the behaviour. Sometimes we might write this plan down, so we don't forget. This is called a **good behaviour contract**.

What is Bullying?

Bullying is hurting someone more than once, on purpose, by using behaviour or words that are meant to frighten or hurt that person.

Bullying is never ok, Ray of Sunshine is a bully free zone!!



Bullying Can happen in different ways ...

Emotional: Hurting people's feelings, leaving them out.



Physical: Punching, kicking, spitting, hitting or pushing.



Verbal: Teasing, name calling.



Written: Letters, notes, pictures, graffiti that upsets someone



Cyber: Saying unkind things by text, e-mail and on the internet.



What If I'm Bullied or see Bullying Happen In Ray of Sunshine



Always tell your staff members, never do nothing!! This is responsible behaviour. It is not telling tales. Staff will make sure the bullying stops.

What If I Bully Someone?

Staff will

- **listen** to how you feel to understand why it happened.
- **Explain** why your bullying behaviour has to stop
- Ask you for **solutions** to stop the bullying & give you **choices** to solve it
- Write a **plan** with you to help **stop the bullying** happening again.
- If the bullying is very serious or continues, **(the manager/person in charge insert name as appropriate)** will talk to you and will also **talk to your parents/gaurdians** to help find the best way to stop the bullying.

